


**DETAILS OF ANY CONTINUOUS MEDICAL EDUCATION PROGRAMMES, CONFERENCES OR ANY ACTIVITIES DURING LAST ONE YEAR**

Sr. No.	DETAILS OF ANY CONTINUOUS MEDICAL EDUCATION PROGRAMMES, CONFERENCES	ATTACHED CERTIFICATE
1.	<b>Dr. Manisha</b> Professor of Rog Nidan attended a CME at AIIA, New Delhi from 27 Jan to 01 Feb.	
2.	One day conference on “AGNI KARMA” organized by CCRAS, Patiala was attended by Dr. Raman Dhaliwal & Dr. Neeraj Kumar Rai.	

3.	<p><b>DR. Ravneet</b> attended national workshop organized by AIMIL on 03 february.</p>	 <p><b>NATIONAL WORKSHOP ON RESEARCH METHODOLOGY</b> FOR AYURVEDA   2<sup>nd</sup> &amp; 3<sup>rd</sup> FEB 2019</p> <p><b>Certificate of Appreciation</b></p> <p>This is to certify that</p> <p>Prof./Dr./Vaidsya <u>Ravneet Kaur</u></p> <p><b>Distinguished Delegate/ Sponsor / Volunteer</b></p> <p>in two days workshop on Research Methodology for Ayurveda.</p> <p>Vishwa Ayurveda Parishad, Delhi is grateful for his/ her kind presence.</p> <p>Dr. Anupesh Kumar Pandey Org. Secretary</p> <p>Prof. Mahendra Gaur Chairperson</p> <p>Dr. Pooja Sabharwal Org. Secretary</p>
4.	<p><b>DR. Gauhar Vatsayan</b> Professor in the Deptt.of Panchkarma conducted many webinars on various topics</p>	 <p><b>AYURVEDA</b> <b>THE FUTURE OF MEDICINE</b></p> <p>By <b>Dr. Gauhar Vatsyayan</b></p>
5.	<p><b>DR. Neeraj Kumar Rai</b> has got training in AGNIKARMA on 09Nov-2019 held at CRI ,Patiala under the guidance of Dr. Umesh Sehgal MS.</p>	 <p><b>Certificate of participation</b></p> <p><b>Agni Karma</b></p> <p>This is Certified that</p> <p><b>Dr. Neeraj Kumar Rai</b></p> <p>has got training in Agni Karma workshop on 09th November 2019 held at CRI, Patiala under the guidance of</p> <p>DR. UMESH SEHGAL, PhD, Agni Karma Expert &amp; Trainer</p> <p>DR. ANUPESH KUMAR PANDAY Secretary</p> <p>DR. UMESH SEHGAL Agni Karma</p> <p>DR. ANIL KUMAR Agni Karma</p>

<p>6.</p>	<p>As per direction of secretary Ayush Vaidya <b>Shri Rajesh Kotecha</b> a lecture was organised at Guru Nanak Ayurvedic Medical college and Research Institute under the theme of "Ayurveda for covid-19 Pandemic" to aware the students regarding Covid-19 manifestations and to specifically highlight the role of Preventive, Promotive, Curative and Rehabilitation in Management of Covid-19 through Ayurveda.</p> <p>Dr. Ashwani Sharda, Principal while addressing the students advised them to follow the protocols regarding Covid-19 i.e., Maintain social distancing, use masks and frequent hand washing.</p>	
<p>7.</p>	<p><b>DR. ARSHPREET KAUR</b>, Associate Professor in the Deptt. of Prasuti and Stri Rog attended a “<b>National webinar on Medical Ethics For Ayurveda Doctors</b>” which organised by Dept. Of Agadtantra Evum Vidhi Vaidyak, ADAMC, Ashta.</p>	

8.

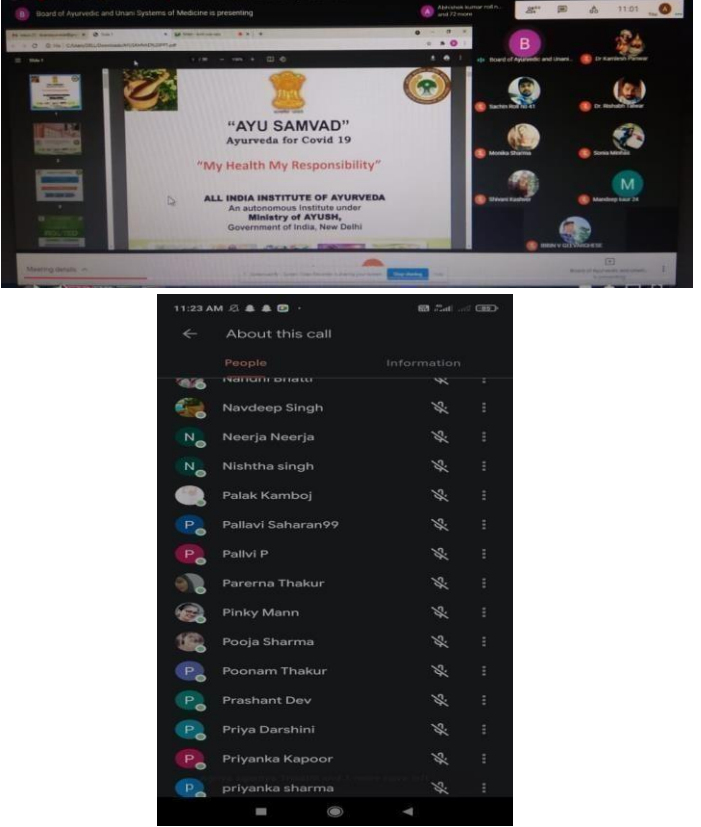

A webinar on “ **Panchagavya Ayurveda Chikitsa ... Clinical Experiences**” was conducted by Vd. Nandini bhojraj ,MD Rasashastra, Ayurved Consultant On 10 May 2021.

Around 10 teachers and 60 students of our college attended this webinar.



The image shows a promotional poster for a webinar and a screenshot of the Zoom meeting interface. The poster is for a webinar titled "Panchagavya Ayurveda Chikitsa ... Clinical Experiences" held on May 10, 2021, from 3:00 pm to 4:00 pm. The guest of honor is Vd. Nandini Bhojraj, MD, Rasashastra, Ayurved Consultant. The topic is "Panchagavya Ayurveda Chikitsa... Clinical experiences" by Vd. Nandini Bhojraj. The organizers are Dr. Sanjeev Goyal, Dr. Ish Sharma, Vd. Rakesh Sharma, and Vd. Anil Bhardwaj. The poster also mentions the support of the Gurukul Dasgupta Ayurveda University, Varanasi and the Varanasi Sahasra Yojana through the Varanasi Sahasra Yojana. The Zoom meeting interface shows a list of participants including Neha, Neha (Guest), Neha Arora, Niketha Rana, Nishtha, Nitin Juneja, Nitin kumar, Pallavi Salwan\_BK, pankaj sharma, parul, pawan, and pinki\_33(babe ke). A small video window shows a participant speaking.



<p>9.</p>	<p>A webinar on “<b>AYU-SAMVAD</b>”, as desired by Ministry of Ayush, Govt. of India, New Delhi, was conducted by Board of Ayurvedic and Unani System of Medicine, Punjab on 18 May 2021.</p> <p>Around 10 teachers and 90 students of our college attended this webinar.</p>	
<p>10.</p>	<p>As per guidelines of the AYUS and Guru Ravidas Ayurved University preparatory session for the coming “<b>International YOGA Day</b>” was organized on 10<sup>th</sup> and 17<sup>th</sup> May 2021 at Shri Guru Nanak Ayurvedic Medical College and Research Institute, Gopampur, Ludhiana. Students, faculty and hospital staff participated in it. Main focus of the session was on yogic exercises that strength our respiratory path ways. All the attendance were made it a routine for their personal well-being and guiding to the coming patience as well.</p>	

11. As per AYUSH guidelines, Yoga classes are running at GURU NANAK AYURVEDIC MEDICAL COLLEGE, GOPALPUR from 10/05/2021 that will be running up to 21/06/2021 i.e. on international Yoga Day. Expert doctor M.D. Sandeep Sharma is taking yoga classes at college ground obeying the rule of social distancing. He is providing great knowledge about the exercises and also taking precautions about the pandemic COVID -19 diseases. College management and Principal also appreciate this work.



ਗੁਰੂ ਨਾਨਕ ਆਯੁਰਵੈਦਿਕ ਕਾਲਜ ਗੋਪਲਪੁਰ ਵਿਖੇ ਯੋਗ ਅਭਿਆਸ ਕਰਨ ਸਮੇਂ ਕਾਲਜ ਵਿਦਿਆਰਥੀ ਤੇ ਅਧਿਆਪਕ ।

ਤਸਵੀਰ : ਅੰਮ੍ਰਿਤਸਰ ਸਿੱਖ ਕੇਂਦਰ

## ਗੁਰੂ ਨਾਨਕ ਆਯੁਰਵੈਦਿਕ ਕਾਲਜ ਗੋਪਲਪੁਰ ਵਿਖੇ ਯੋਗ ਅਭਿਆਸ ਦੀ ਆਰੰਭਤਾ

ਭੋਰਲੋਂ, 24 ਮਈ (ਅੰਮ੍ਰਿਤਸਰ ਸਿੱਖ ਕੇਂਦਰ)-ਆਯੁਸ਼ ਦੀਆਂ ਹਦਾਇਤਾਂ ਮੁਤਾਬਿਕ ਗੁਰੂ ਨਾਨਕ ਆਯੁਰਵੈਦਿਕ ਕਾਲਜ ਗੋਪਲਪੁਰ ਵਿਖੇ ਕੋਵਿਡ-19 ਦੇ ਚੈਲੇਂਜਾਂ ਨੂੰ ਸ਼ਾਂਤੀ ਨਾਲ ਕਾਬੂਜ਼ ਕਰਨ ਲਈ ਯੋਗ ਅਭਿਆਸ ਦੀ ਸ਼ੁਰੂਆਤ ਕੀਤੀ ਗਈ ਹੈ। ਇਸ ਸਮੇਂ ਯੋਗ ਮਾਹਿਰ ਐਮ.ਡੀ. ਡਾ. ਸੰਦੀਪ ਸ਼ਰਮਾ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਵੱਖ-ਵੱਖ ਯੋਗ ਆਸਨਾਂ, ਪਿਆਨਾ ਅਤੇ ਕਿਰਿਆਵਾਂ ਕਰਵਾ ਕੇ ਕੋਰੋਨਾ ਮਹਾਂਮਾਰੀ ਤੋਂ ਬਚਣ ਲਈ ਵੀ ਜਾਣਕਾਰੀ ਦਿੱਤੀ। ਇਸ ਦੌਰਾਨ ਵਿਦਿਆਰਥੀਆਂ ਵਲੋਂ ਵੱਖ-ਵੱਖ ਯੋਗ ਆਸਨਾਂ ਦਾ ਅਭਿਆਸ ਮਾਹਿਰ ਡਾ. ਅਸ਼ਵਨੀ ਸ਼ਰਮਾ, ਪ੍ਰਿੰਸੀਪਲ ਦੀ ਨਿਗਰਾਨੀ ਹੇਠ ਕੀਤਾ ਜਾਂਦਾ ਹੈ। ਇਸ ਸਮੇਂ ਕਾਲਜ ਸੰਸਥਾ ਦੇ ਚੇਅਰਮੈਨ ਡਾ. ਬਲਵਿੰਦਰ ਸਿੰਘ ਵਾਲੀਆ, ਜਨਰਲ ਸਕੱਤਰ ਡਾ.

ਇਕਬਾਲ ਸਿੰਘ ਵਾਲੀਆ, ਡਾਇਰੈਕਟਰ ਡਾ. ਯਤਿੰਦਰ ਨਾਥ ਸ਼ਰਮਾ ਨੇ ਮਨਿਸਟਰੀ ਆਫ ਆਯੁਸ਼ ਦੇ ਵਿਸ਼ਵ ਯੋਗ ਦਿਵਸ ਮਨਾਉਣ ਦੇ ਉਪਰਾਲੇ ਦੀ ਸ਼ਲਾਘਾ ਵੀ ਕੀਤੀ। ਕਾਲਜ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਅਸ਼ਵਨੀ ਸ਼ਰਮਾ ਅਤੇ ਪ੍ਰੋਫੈਸਰ ਡਾ. ਜੋਤੀ ਸ਼ਰਮਾ ਨੇ ਕਿਹਾ ਕਿ ਕੋਵਿਡ-19 ਦੇ ਸਮੇਂ ਦੌਰਾਨ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਯੋਗ ਦੇ ਨਾਲ ਸਰੀਰ ਨੂੰ ਤੰਦਰੁਸਤ ਰੱਖਣ ਦੀ ਜਾਣਕਾਰੀ ਦਿੱਤੀ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਸਾਨੂੰ ਸਾਥੀਆਂ ਨੂੰ ਕੋਰੋਨਾ ਮਹਾਂਮਾਰੀ ਸਮੇਂ ਆਪਣੇ ਸਰੀਰ ਨੂੰ ਤੰਦਰੁਸਤ ਰੱਖਣ ਲਈ ਨਿਯਮਿਤ ਰੂਪ ਨਾਲ ਯੋਗ ਅਭਿਆਸ ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ ਤਾਂ ਜੋ ਕਿ ਸਾਡੇ ਸਰੀਰ ਦੀ ਰੋਗਾ ਨਾਲ ਲੜਨ ਦੀ ਸਮਰੱਥਾ ਬਣੀ ਰਹੇ। ਅੰਤਰਰਾਸ਼ਟਰੀ ਯੋਗ ਦਿਵਸ ਸੰਸਨ ਦੇ ਅੰਤ ਵਿਚ ਯੋਗ ਮਾਹਿਰ ਐਮ.ਡੀ. ਡਾ. ਸੰਦੀਪ ਸ਼ਰਮਾ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਯੋਗ ਦਾ ਨਿਯਮਿਤ ਰੂਪ ਨਾਲ ਅਭਿਆਸ ਕਰਨ ਦੀ ਸਲਾਹ ਦਿੱਤੀ।

## ‘ਸਰੀਰ ਨੂੰ ਤੰਦਰੁਸਤ ਰੱਖਣ ਲਈ ਯੋਗ ਅਭਿਆਸ ਕਰਨਾ ਚਾਹੀਦੇ’

ਭੋਰਲੋਂ, 24 ਮਈ (ਡਾ. ਪ੍ਰਦੀਪ)-ਗੁਰੂ ਨਾਨਕ ਆਯੁਰਵੈਦਿਕ ਕਾਲਜ ਗੋਪਲਪੁਰ ਵੱਲੋਂ ਮਨਿਸਟਰੀ ਆਫ ਆਯੁਸ਼ ਦੀਆਂ ਹਦਾਇਤਾਂ ਅਨੁਸਾਰ ਕੋਵਿਡ-19 ਕਾਲ ਦੇ ਚਲਦਿਆਂ ਹਰ ਰੋਜ਼ ਸਵੇਰੇ ਕਾਲਜ ਦੀ ਗਰਾਊਂਡ ਵਿਚ ਹਦਾਇਤਾਂ ਅਨੁਸਾਰ ਦੂਰੀ ਬਣਾ ਕੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਯੋਗ ਕੰਪ ਦੌਰਾਨ ਯੋਗ ਕਰਵਾਇਆ ਜਾ ਰਿਹਾ ਹੈ। ਯੋਗ ਮਾਹਿਰ ਐਮ.ਡੀ. ਡਾ. ਸੰਦੀਪ ਸ਼ਰਮਾ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਵੱਖ-ਵੱਖ ਯੋਗ ਆਸਨਾਂ, ਪਿਆਨਾ ਅਤੇ ਕਿਰਿਆਵਾਂ ਕਰਵਾ ਰਹੇ ਹਨ। ਇਸ ਦੌਰਾਨ ਕੋਰੋਨਾ ਮਹਾਂਮਾਰੀ ਤੋਂ ਬਚਣ ਲਈ ਵੀ ਜਾਣਕਾਰੀ ਦਿੱਤੀ ਜਾਂਦੀ ਹੈ। ਇਸ ਦੌਰਾਨ ਵਿਦਿਆਰਥੀਆਂ ਦੁਆਰਾ ਵੱਖ-ਵੱਖ ਯੋਗ ਆਸਨਾਂ ਦਾ ਅਭਿਆਸ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਅਸ਼ਵਨੀ ਸ਼ਰਮਾ ਦੀ ਨਿਗਰਾਨੀ ਹੇਠ ਕੀਤਾ ਜਾਂਦਾ ਹੈ। ਕਾਲਜ ਦੇ ਚੇਅਰਮੈਨ ਡਾ. ਬਲਵਿੰਦਰ ਸਿੰਘ ਵਾਲੀਆ,



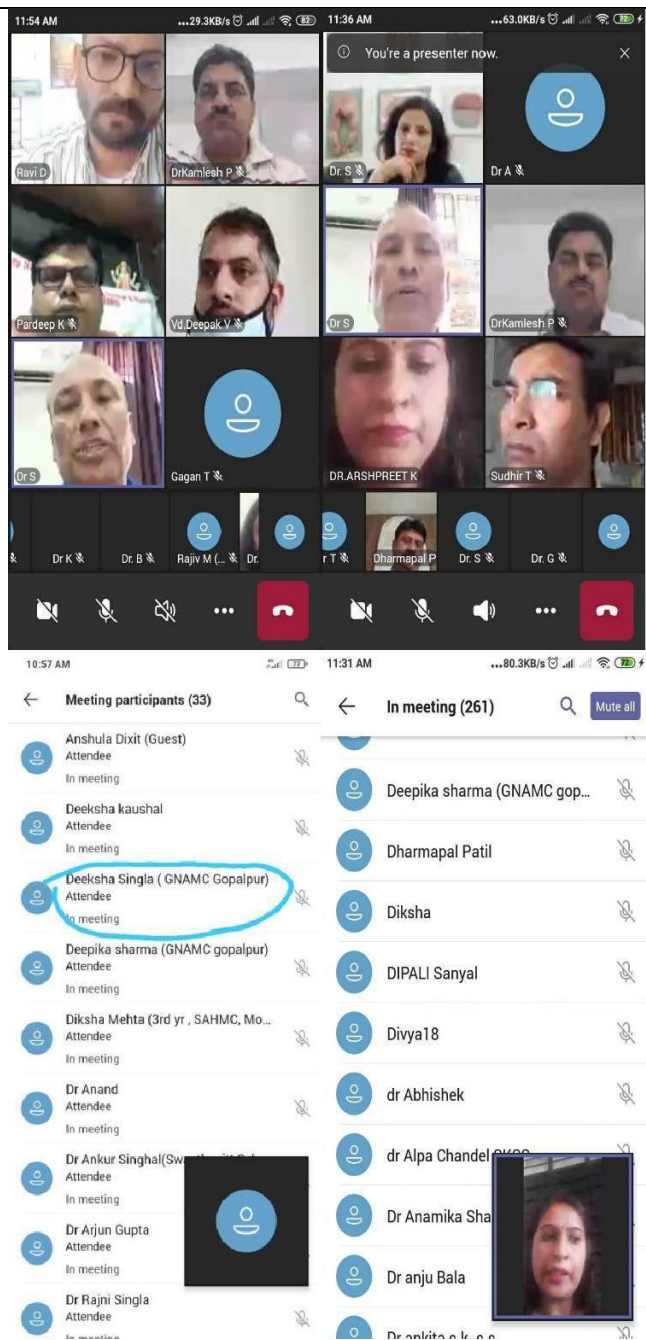
ਯੋਗ ਕਰਦੇ ਵਿਦਿਆਰਥੀ।

ਜਨਰਲ ਸਕੱਤਰ ਡਾ. ਇਕਬਾਲ ਸਿੰਘ ਵਾਲੀਆ, ਡਾਇਰੈਕਟਰ ਡਾ. ਯਤਿੰਦਰ ਨਾਥ ਸ਼ਰਮਾ ਨੇ ਮਨਿਸਟਰੀ ਆਫ ਆਯੁਸ਼ ਦੇ ਵਿਸ਼ਵ ਯੋਗ ਦਿਵਸ ਮਨਾਉਣ ਦੇ ਉਪਰਾਲੇ ਦੀ ਸ਼ਲਾਘਾ ਕੀਤੀ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਸਾਨੂੰ ਸਾਥੀਆਂ ਨੂੰ ਇਸ ਕੋਵਿਡ-19 ਦੇ ਸਮੇਂ ਦੌਰਾਨ ਆਪਣੇ ਸਰੀਰ ਨੂੰ ਤੰਦਰੁਸਤ ਰੱਖਣ ਲਈ ਯੋਗ ਅਭਿਆਸ ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ, ਤਾਂ ਜੋ ਸਾਡੇ ਸਰੀਰ ਦੀ ਰੋਗਾਂ ਨਾਲ ਲੜਨ ਦੀ ਸਮਰੱਥਾ ਬਣੀ ਰਹੇ।

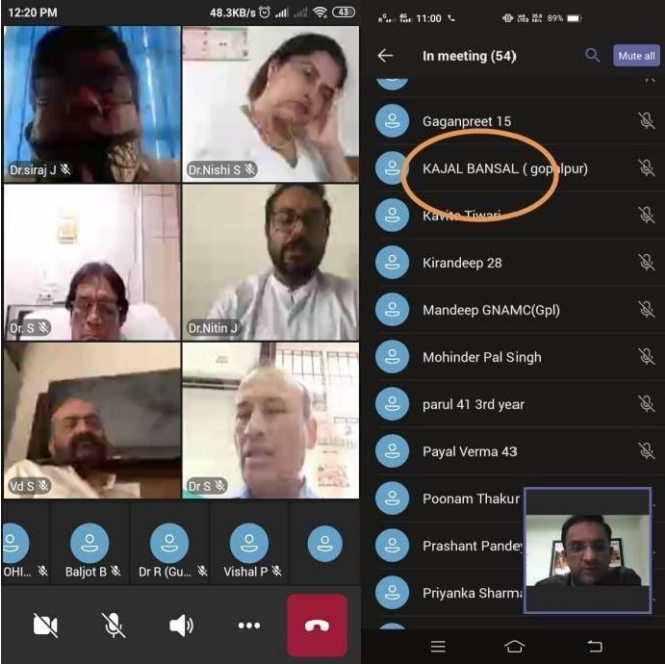
12. A webinar on “**AYU SAMVAD**” was organized by the university through video conference as per the guidelines of Ministry of AYUSH, Government of India. Around 10 teachers and 45 students of our college are attending this webinars as per the schedule of University. **Dr. Arshpreet Kaur M.S. (Ayurveda) of PTSR Dept. participated as speaker on topic” Practical approach to Garbha Sanskar”** and **Dr. Gauhar Vatsayan ,Reader, participated as speaker on topic” Vat Rakat in Kayachikitsa”** .

Such topics are:-

DATE	TOPICS
28-05-21	<ul style="list-style-type: none"> <li>Post Covid Syndrome ‘Management in Ayurveda’</li> <li>Role of integrated Ayurvedic treatment approach in present covid scenario</li> </ul>
29-05-21	<ul style="list-style-type: none"> <li>Rasayan Chikitsa in reference to COVID-19</li> <li>Pharmacological aspect of Medicinal plants used in Covid19</li> </ul>
31-05-21	<ul style="list-style-type: none"> <li>Nasya karma : Literary review and Probable Mode of Action</li> <li>Efficacy of Ayurvedic Drugs on Covid-19</li> </ul>
01-06-21	<ul style="list-style-type: none"> <li>Scope for health promotion in society through healthy Ayurvedic regimens in brief</li> <li><b>Practical approach to Garbha Sanskar</b></li> </ul>
02-06-21	<ul style="list-style-type: none"> <li>Role of Homoeopathy as</li> </ul>

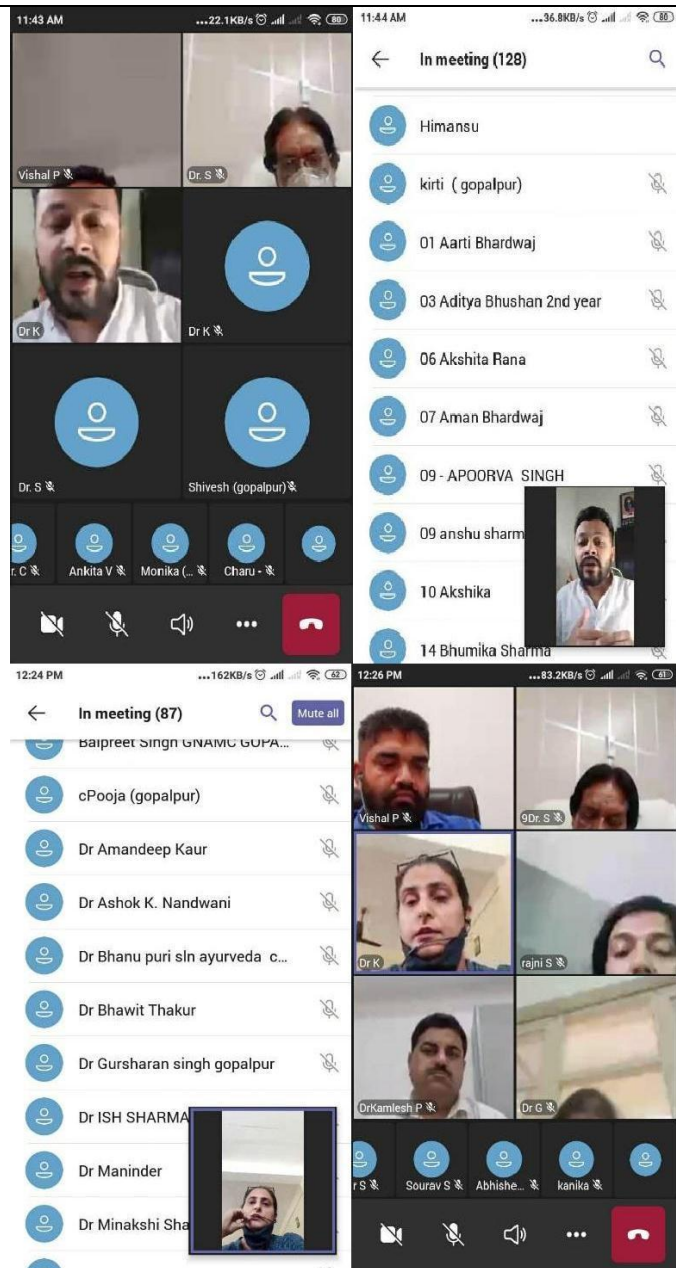





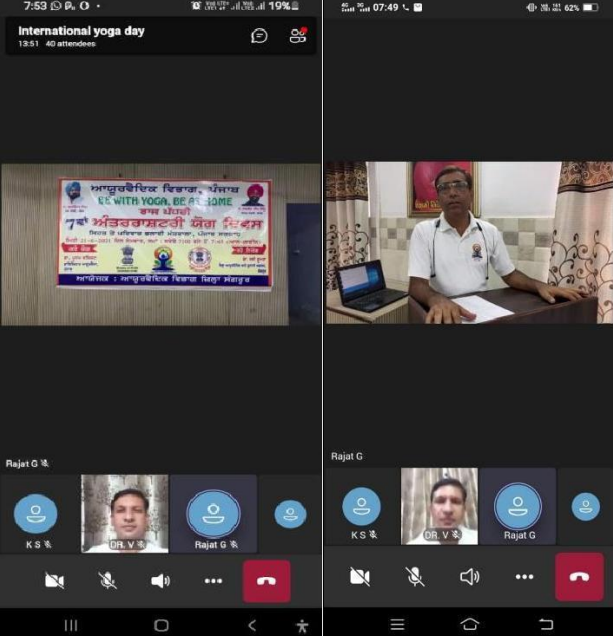
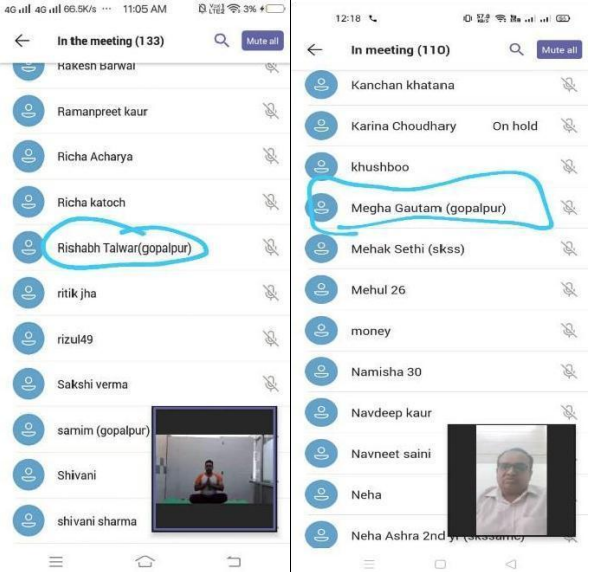
		Prophylaxis in Covid-19 <ul style="list-style-type: none"> <li>Ayurvedic Perspective on Covid-19 Symptoms</li> </ul>	
	03-06-21	<ul style="list-style-type: none"> <li>Preventive &amp; Curative aspect of Nasya w.s.r to Covid-19</li> <li>Immunity Enhancers for Child in Current Pandemic Situation</li> </ul>	
	04-06-21	<ul style="list-style-type: none"> <li>Role of Yoga in enhancing immunity</li> <li>COVID 19 modulation of immunity through Unani system of medicine</li> <li>An Overview on Post Covid Fungal Infections</li> </ul>	
	05-06-21	<ul style="list-style-type: none"> <li>How Yoga can be helpful in boosting Immunity</li> <li>Rasaushdhi in combating CoVID -19</li> </ul>	
	07-06-21	<ul style="list-style-type: none"> <li>Benefits of Haridra &amp; Neem in Covid 19 pandemic</li> <li>Prevention of covid infection in children</li> <li>Roll of Herbo mineral formation in the Management of present situation</li> </ul>	
	08-06-21	<ul style="list-style-type: none"> <li><b>Vat Rakat in Kayachikitsa</b></li> <li>Rakshavidhan upkrma in prevention of airborne infections (covid 19)</li> </ul>	
	09-06-21	<ul style="list-style-type: none"> <li>Post COVID-complications and Homoeopathic management</li> </ul>	



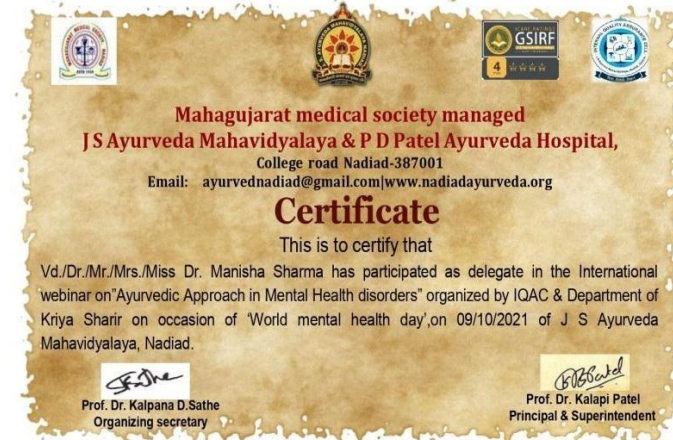


		<ul style="list-style-type: none"> <li>Therapeutic approach in COVID-19 through Unani system of medicine</li> </ul>	
	10-06-21	<ul style="list-style-type: none"> <li>Long Term Covid &amp; its Homoeopathic management</li> <li>Effect of Covid-19 Pandemic on Health Care Delivery Methods-Emerging Trends</li> </ul>	
	11-06-21	<ul style="list-style-type: none"> <li>Ayurvedic Management of Pregnant Women during Covid-19 Pandemic</li> <li>Swasthya Rakshan during Covid: A Holistic Approach</li> </ul>	
	12-06-21	<ul style="list-style-type: none"> <li>Preventive measures of Women's in Covid 19</li> <li>General discussion on Vaccination</li> </ul>	
	15-06-21	<ul style="list-style-type: none"> <li>Significance of Dincharya in Health preservation and promotion</li> <li>Management of Covid 19 through Ayurveda</li> </ul>	
	16-06-21	<ul style="list-style-type: none"> <li>Dietary management of covid 19</li> <li>The Relevance of Dietetic Approach of Ayurveda regarding covid 19 Pandemic with my personal experience</li> </ul>	
	18-06-21	<ul style="list-style-type: none"> <li>Ayurvedic approach to Mucormycosis</li> <li>PANCHMAHABHUTA S AND ACHARRASAYANA-</li> </ul>	




		Reimagination and Restoration w.s.r. to Covid 19 <ul style="list-style-type: none"> <li>• <b>Role of Ayurveda in Covid-19: Pros &amp; Con</b></li> </ul>	
13.	<p>As per guidelines of the AYUS and Guru Ravidas Ayurved University preparatory session for “<b>International YOGA Day</b>” was organized on June 21, 2021 at Shri Guru Nanak Ayurvedic Medical College and Research Institute, Gopalpur, Ludhiana. Students, faculty and hospital staff participated in it. Main focus of the session was on yogic exercises that strengthen our respiratory path ways.</p>		

14.	<p>A webinar on “7<sup>th</sup> International yoga Day” was conducted by Government of India and Ayurvedic Department of Sangrur on 21 june 2021 at 7:00 AM. Our faculty and students attended this webinar as advised.</p>	
15.	<p>A webinar on “7<sup>th</sup> International yoga Day” was organised by Guru Ravidas Ayurved University, Punjab 21 June 2021 at 11:00. Main focus of this webinar was to demonstrate Yoga Aasans and deliver a talk on yoga by different experts. Around 15 teachers and 45 students of our college attended this webinar.</p>	

<p>16.</p>	<p>A webinar on “<b>Concept and Treatment Principles of Ayurveda in Management of Covid-19</b>” was organised by All India Institute of Ayurved, New Delhi on 21 june 2021 at 3:00 PM.</p> <p>Around 20 teachers and 50 students of our college attended this webinar.</p>	
<p>17.</p>	<p><b>Dr. Tejbeer Singh, Professor of Deptt. DRAVYA GUNA VIGYAN</b>, has been Published in <b>World Journal of Pharmaceutical Research</b> and achieved a great success.</p>	
<p>18.</p>	<p><b>Dr. Manisha Sharma, Professor of Deptt. Rog Nidan</b>, has been participated in the International webinar on “<b>Ayurvedic Approach in Mental Health Disorder</b>” organized by IQAC &amp; Department of Kriya Sharir</p>	



19.	<p><b>Dr. Manisha Sharma</b>, Professor of Deptt. Rog Nidan, has been Participated <b>NISHKRITI-2021</b> With theme of <b>GERIATRIC DISEASES CARE AND CURE-2021</b></p>	
20.	<p><b>Dr. Nidhi Jain</b> Professor of deptt. <b>Kayachikitsa</b>, has been Participated in 'Ashtang Sambhasha Sangam International Webinar'.</p>	
21.	<p><b>Dr. Nidhi Jain</b> Professor of deptt. <b>Kayachikitsa</b>, has been Participated in the <b>NATIONAL WEBINAR SERIES "AYUSH VIBHODHINI-2"</b></p>	

22.	<p><b>Dr. Nidhi Jain</b> Professor of deptt. Kayachikitsa, has been Participated in Webinar on '<b>Viral Disorders and their Management in Ayurveda with Special Reference to COVID-19</b>'.</p>	
23.	<p><b>Dr. Nidhi Jain</b> Professor of deptt. Kayachikitsa, has been Participated in Webinar on <b>Overview of COVID-19</b>.</p>	
24.	<p><b>Dr. Manisha Sharma</b>, Professor of Deptt. Rog Nidan, has been published in <b>International Education and Research Journal</b> and achieved a great success.</p>	




25.	<p><b>Dr. Manisha Sharma</b>, Professor of Deptt. Rog Nidan, has been Participated in <b>Research Methodology &amp; Medical Statistics Lecture.</b></p>	
26.	<p><b>Dr. Nidhi Jain</b> Professor of deptt. Kayachikitsa, has been Participated in the <b>Continuing of Medical Education (CME) for Teachers of Kayachikitsa.</b></p>	
27.	<p><b>Dr. Manisha Sharma</b>, Professor of Deptt. Rog Nidan, has been Participated in Silver Jubilee Celebrations of <b>VISHWA AYURVEDA PARISHAD</b></p>	



28.	<p><b>Dr. Manisha Sharma</b>, Professor of Deptt. ROG Nidan has been attend National seminar <b>CARAKA SAMHITA</b></p>	 <p>The certificate is from the Dept. of Samhita, Sanskrit &amp; Siddhanta at Vaidyaratnam P.S. Varier Ayurveda College, Kottakkal, Kerala, India. It is dated 07th July 2022. The seminar is titled 'National seminar Caraka Samhitā' with the theme 'Philosophy   Pedagogy   PG learning'. It is dedicated to the memory of Dr. C.R. Agnivesh. The certificate is awarded to Prof. Dr. Manisha Sharma. The organizing committee includes Dr. CV Jayadevan (MD(Ay), Principal, VPSV Ayurveda College &amp; Chairman) and Dr. MV Vinodkumar (MD(Ay), PhD, Professor &amp; Head, Convener, Organizing Committee).</p>
29.	<p><b>Dr. Manisha Sharma</b>, Professor of Deptt. ROG Nidan has been attended and Participated in the <b>Workshop of Nasya Karma</b>.</p>	 <p>The certificate is from the Department of Panchkarma, Uttarakhand Ayurved University, Gurukul Campus, Haridwar. It certifies that Dr. Manisha Sharma attended and actively participated in the 'WORKSHOP OF NASYA KARMA' at Uttarakhand Ayurved University, Gurukul Campus, Haridwar, on 18th September 2022, as a Registered Delegate. The convener is Prof. Uttam Kumar Sharma and the organizing secretary is Dr. Mayank Bhatkoti.</p>
30.	<p><b>Dr. Manisha Sharma</b>, Professor of Deptt. Rog Nidan, has been participated in <b>Rognidan National Webinar</b>.</p>	 <p>The certificate is from the Dr. G.D. Pol Foundation, YMT Ayurvedic Medical College, Kharghar, Navi Mumbai. It is titled 'Rognidan National Webinar' with the Sanskrit phrase 'रोगावनश्रयम्.....!'. It is awarded by the Department of Rognidan &amp; Vikriti Vigyan to Prof. Dr. Manisha Sharma for participating in the National Webinar on 21st September 2022. The convener is Dr. Archana Gharage (professor &amp; H.O.D) and the principal is Dr. Sanjeev Yadav.</p>



31.	<p><b>Dr. Manisha Sharma</b>, Professor of Deptt. Rog Nidan, has been participated in an oral Paper Presents in '<b>AYUSHKAMIYAM 2022</b>' National conference on exploring the recent trends in Ashtang Ayurveda held on 18<sup>th</sup> and 19<sup>th</sup> November, 2022.</p>	 <p>The certificate is from SGT University, Gurugram, Delhi-NCR. It is awarded to Ms. / Mr. / Dr. Manisha Sharma for participating as a Delegate / Oral Paper Presenter / Poster Presenter in the 'AYUSHKAMIYAM 2022' National conference on exploring the recent trends in Ashtang Ayurveda, held on 18th and 19th November, 2022 at SGT University, organized by the Faculty of Indian Medical System. The certificate number is S.No: SGTU/1745/2022. It is signed by Prof. (Dr) O.P. Kalra (Vice Chancellor), Prof. (Dr) Prasanna V. Savanur (Chairman, Organizing Committee, Dean, Faculty of Indian Medical System), and Prof. Dr. Jyoti Kumbar (Organizing Secretary).</p>
32.	<p><b>Dr. Manisha Sharma</b>, Professor of Deptt. Rog Nidan, has been Participated in a Paper Presents in '<b>AYUSHKAMIYAM 2022</b>' National conference on exploring the recent trends in Ashtang Ayurveda held on 18<sup>th</sup> and 19<sup>th</sup> November, 2022 at SGT University.</p>	 <p>The certificate is from SGT University, Gurugram, Delhi-NCR. It is awarded to Dr. Manisha Sharma for being the Chair / Co-Chair in the 'AYUSHKAMIYAM 2022' National conference on exploring the recent trends in Ashtang Ayurveda, held on 18th and 19th November, 2022 at SGT University, organized by the Faculty of Indian Medical System. The certificate number is S.No: SGTU/1925/2022. It is signed by Prof. (Dr) O.P. Kalra (Vice Chancellor), Prof. (Dr) Prasanna V. Savanur (Chairman, Organizing Committee, Dean, Faculty of Indian Medical System), and Prof. Dr. Jyoti Kumbar (Organizing Secretary).</p>
33.	<p><b>Dr. Priyadarshini</b> Professor of deptt. Panchkarma, has been Participated in oral Paper Presents and Poster Presents in '<b>AYUSHKAMIYAM 2022</b>' National Conference on Exploring the recent trends in Ashtang Ayurveda held on 18<sup>th</sup> and 19<sup>th</sup> November, 2022.</p>	 <p>The certificate is from SGT University, Gurugram, Delhi-NCR. It is awarded to Ms. / Mr. / Dr. Priyadarshini for participating as a Delegate / Oral Paper Presenter / Poster Presenter in the 'AYUSHKAMIYAM 2022' National conference on exploring the recent trends in Ashtang Ayurveda, held on 18th and 19th November, 2022 at SGT University, organized by the Faculty of Indian Medical System. The certificate number is S.No: SGTU/1747/2022. It is signed by Prof. (Dr) O.P. Kalra (Vice Chancellor), Prof. (Dr) Prasanna V. Savanur (Chairman, Organizing Committee, Dean, Faculty of Indian Medical System), and Prof. Dr. Jyoti Kumbar (Organizing Secretary).</p>

<p>34. <b>Dr. Dimple Jagpaul</b> Professor of deptt. Rachna Sharir has been Participating in “AYUSHKAMIYAM 2022”.</p>	 <p><b>SGT UNIVERSITY</b> SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC &amp; AICTE Approved) Gurugram, Delhi-NCR</p> <p>S.No: SGTU/1746/2022</p> <p><b>Certificate of Appreciation</b></p> <p>Awarded to Ms. / Mr. / Dr. <u>Dimple Jagpaul</u> for participating as a Delegate / Oral Paper Presenter / Poster Presenter/ in "AYUSHKAMIYAM 2022"</p> <p>National conference on exploring the recent trends in Ashtang Ayurveda held on 18th and 19th November, 2022 at SGT University, organized by the Faculty of Indian Medical System</p> <p>Prof. (Dr) O.P. Kalra Vice Chancellor</p> <p>Prof. (Dr) Prasanna V Savanur Chairman, Organizing Committee Dean, Faculty of Indian Medical System</p> <p>Prof. Dr. Jyoti Kumbhar Organizing Secretary</p>
<p>35. <b>Dr. Tanvi Mahajan</b> Professor of deptt. Rachna Sharir, has been Participated in the <b>Continuing of Medical Education (CME) for Teachers of Rachna Sharir.</b></p>	 <p><b>CME FOR TEACHERS OF RACHANA SHARIR</b> 21<sup>st</sup> to 26<sup>th</sup> November 2022</p> <p>Sponsored by : Ministry of Ayush, Government of India   Coordinated by : Rashtriya Ayurveda Vidhyapeeth, New Delhi Organized by : PG Dept. of Rachana Sharir, National Institute of Ayurveda, Deemed to be University, Jaipur</p> <p><b>Certificate</b></p> <p>This is to Certify that <b>Dr. Tanvi Mahajan</b> for imparting his/her valuable knowledge and active participation as a Trainee in the <b>Continuing of Medical Education (CME) for Teachers of Rachana Sharir</b> from 21<sup>st</sup> November 2022 to 26<sup>th</sup> November 2022 Sponsored by Ministry of Ayush, Government of India, Coordinated by Rashtriya Ayurveda Vidhyapeeth, New Delhi &amp; Organized by PG Dept. of Rachana Sharir, National Institute of Ayurveda, Deemed to be University, Jaipur</p> <p>Dr. Sunil Kumar Yadav Associate Professor (Organizing Secretary)</p> <p>Prof. Sanjeev Sharma Vice Chancellor (Organizing Chairman)</p>
<p>36. <b>Dr. Arshpreet Kaur</b> Professor of deptt. PRASUTI &amp; STRI ROGA, has been Participated in the Ayurveda Practitioner.</p>	 <p><b>NATURE FIT</b></p> <p><b>CERTIFICATE</b></p> <p><b>DIAGNOSIS WITH SYSTEMIC TREATMENT MODULE IN HAIR AND SKIN DISEASES</b></p> <p>This certificate is proudly presented to <b>Dr Arshpreet Kaur</b> Ayurveda Practitioner</p> <p>03/02/2023 Date</p> <p><b>Arneet Bhatia</b> CEO- NatureFit</p>

37.	<p><b>Dr. Kiranpreet Thakur</b> Professor of deptt. Shalakya Tantra has been Participated in <b>“Continued Medical Education Program(CME)”</b> Organized by Regional Centre of Excellence in Ayurveda for Geriatric health Care”</p>	 <p>S.No. <u>00044/2023 / CME/92</u> Date <u>20/03/2023</u></p> <p><b>RAJIV GANDHI GOVT. P.G. AYURVEDIC COLLEGE &amp; HOSPITAL PAPROLA.</b> DIST. KANGRA (H.P.)</p> <p><b>REGIONAL CENTRE OF EXCELLENCE IN AYURVED FOR GERIATRIC HEALTH CARE</b></p> <p><b>CONTINUED MEDICAL EDUCATION PROGRAMME (CME)</b> 20<sup>th</sup> March to 25<sup>th</sup> March 2023 Sponsored by</p> <p><b>Ministry of AYUSH, Government of India</b></p> <p><b>Certificate of Participation</b></p> <p>This is certified that Dr. <u>Kiranpreet Thakur</u> has participated as Resource person / Delegate/ Coordinator in "Continued Medical Education Programme (CME)" organized by "Regional Centre of Excellence in Ayurveda for Geriatric Health Care" at Rajiv Gandhi Govt. Post Graduate Ayurvedic College &amp; Hospital, Paprola Dist. Kangra (Himachal Pradesh) under sponsorship of Ministry of AYUSH, Government of India, from 20<sup>th</sup> March to 25<sup>th</sup> March 2023.</p> <p>Dr. Anil Bhardwaj Overall Incharge</p> <p>Prof. Vijay Chaudhary Principal</p>
38.	<p><b>Dr. Manisha Sharma(Principal),</b> has successfully completed Capacity Building Programme on Education Planning &amp; Administration.</p>	 <p>SI. No. NCISM-NIEPA/2023/111</p> <p><b>National Commission for Indian System of Medicine</b> in collaboration with <b>National Institute of Educational Planning and Administration</b> has organised Capacity Building Programme on Educational Planning &amp; Administration</p> <p><b>CERTIFICATE OF PARTICIPATION</b></p> <p>This is to certify that <u>Dr. Manisha Sharma</u> Principal/Dean/Director of Guru Nanak Ayurvedic Medical College &amp; Research Institute Gopalpur, Ludhiana, Punjab has successfully completed the Capacity Building Programme on Educational Planning and Administration from 21<sup>st</sup> to 25<sup>th</sup> August 2023, organised by National Commission for Indian System of Medicine in collaboration with National Institute of Educational Planning and Administration at NIEPA, New Delhi.</p> <p>(Vd. Jayant Deopujari) Chairperson NCISM</p> <p>(Prof. Pranati Panda) Programme Director NIEPA</p> <p>(Prof. Shashikala Wanjari) Vice-Chancellor NIEPA</p> <p>Date: 25.08.2023 17-बी, 4<sup>th</sup> फ्लोर, एन. ई. आर. भवन - 110 016 (नए)   17-डी, 5<sup>th</sup> फ्लोर, एन. ई. आर. भवन, नई दिल्ली - 110 016 (एनडी)</p>
39.	<p><b>Dr. Rashi Jaiswal, Assistant Professor, GNAC, Ludhiana,</b> Attended the CME For teachers of KAUMARABHRITY-BALAROGA.</p>	 <p><b>GOVT. AYURVEDIC COLLEGE &amp; HOSPITAL, BALANGIR, BALANGIR (ODISHA)</b></p> <p><b>6 - DAYS CME PROGRAMME FOR TEACHERS OF KAUMARABHRITYA-BALAROGA</b> (Under AYURGYAN Scheme) Sponsored by : <b>MINISTRY OF AYUSH, GOVT OF INDIA, NEW DELHI</b> Co-ordinated by : <b>Rashtriya Ayurveda Vidyapeeth, New Delhi</b></p> <p><b>CERTIFICATE</b></p> <p>This is to certify that <b>DR. RASHI JAISWAL</b>, Assistant Professor, Guru Nanak Ayurvedic College &amp; Research Institute, Ludhiana, Punjab has attended the Continuing Medical Education (CME) for <b>TEACHERS OF KAUMARABHRITYA-BALAROGA</b> organized by Govt. Ayurvedic College &amp; Hospital, Balangir, Odisha from 04.09.2023 to 09.09.2023 as a Participant.</p> <p>Dr. Prafulla Kumar Sahu Co-ordinator</p> <p>Prof. (Dr.) Arun Kumar Das Principal-cum-Organising Secretary</p>



40.	<p><b>Dr. Manisha Sharma(Principal), GNAC, Ludhiana,</b> Participating in National Seminar held at Ch. Devi Lal College of Ayurveda &amp; Hospital, Jagadhri.</p>	 <p>The certificate is from CH. DEVI LAL COLLEGE OF AYURVEDA &amp; HOSPITAL, BURIA ROAD, JAGADHRI, YAMUNANAGAR (135101). It is for a National Seminar titled "EMERGING ROLE OF AYURVEDA IN THE MANAGEMENT OF LIFESTYLE DISORDERS". The certificate is awarded to Dr. MANISHA SHARMA for participating in the seminar held at the college on 08 Sep. 2023. The certificate is signed by the Administrator, Mr. Manish Chandra, and the Chief Organizer (Principal), Dr. Basant Kumar.</p>
41.	<p><b>Dr. Raman Toor</b> Professor of deptt. Dravyaguna has been Participating in National seminar.</p>	 <p>The certificate is from CH. DEVI LAL COLLEGE OF AYURVEDA &amp; HOSPITAL, BURIA ROAD, JAGADHRI, YAMUNANAGAR (135101). It is for a National Seminar titled "EMERGING ROLE OF AYURVEDA IN THE MANAGEMENT OF LIFESTYLE DISORDERS". The certificate is awarded to Dr. RAMAN TOOR for participating in the seminar held at the college on 08 Sep. 2023. The certificate is signed by the Administrator, Mr. Manish Chandra, and the Chief Organizer (Principal), Dr. Basant Kumar.</p>
42.	<p><b>Dr. Dimple Jagpaul</b> Professor of deptt. Rachna Sharir has been Participating in National Seminar.</p>	 <p>The certificate is from CH. DEVI LAL COLLEGE OF AYURVEDA &amp; HOSPITAL, BURIA ROAD, JAGADHRI, YAMUNANAGAR (135101). It is for a National Seminar titled "EMERGING ROLE OF AYURVEDA IN THE MANAGEMENT OF LIFESTYLE DISORDERS". The certificate is awarded to Dr. DIMPLE JAGPAUL for participating in the seminar held at the college on 08 Sep. 2023. The certificate is signed by the Administrator, Mr. Manish Chandra, and the Chief Organizer (Principal), Dr. Basant Kumar.</p>



43.	Dr. Ritika Sharma, Assistant Professor, GNAC, Ludhiana, Participated as an Delegate in"CHARKAYATAN".	 <p><b>RASHTRIYA AYURVEDA VIDYAPEETH</b> (NATIONAL ACADEMY OF AYURVEDA) (An autonomous body under Ministry of Ayush, Govt. of India) Dhanwantari Bhawan, Road No. 66, Punjabi Bagh (West), New Delhi-110026</p> <p><i>Certificate of Participation</i></p> <p>This is to certify that <u>Dr. Ritika Sharma</u> of <u>GNAC &amp; RT, Fapalpur, Ludhiana, Punjab</u> has participated as an <u>Expert / Delegate / Co-ordinator</u> in "CHARKAYATAN". Six day Residential Training Programme for Teachers and Scholars of Ayurveda, organized by Rashtriya Ayurveda Vidyapeeth (RAV), New Delhi - 110026, during 25 - 30 September 2023 at Rajiv Gandhi Govt. Post Graduate Ayurvedic College, Paprola, Himachal Pradesh.</p> <p><u>J. Triguna</u> (Vaidya Devinder Triguna) President, Governing Body, RAV</p> <p><u>Vandana</u> (Dr. Vandana Siroha) Director, RAV</p>
44.	Dr. Ekta Dogra, Assistant Professor, GNAC, Ludhiana, Participated as an Delegate in"CHARKAYATAN".	 <p><b>RASHTRIYA AYURVEDA VIDYAPEETH</b> (NATIONAL ACADEMY OF AYURVEDA) (An autonomous body under Ministry of Ayush, Govt. of India) Dhanwantari Bhawan, Road No. 66, Punjabi Bagh (West), New Delhi-110026</p> <p><i>Certificate of Participation</i></p> <p>This is to certify that <u>Dr. Ekta Dogra</u> of <u>GNAC &amp; RT, Fapalpur, Ludhiana, Punjab</u> has participated as an <u>Expert / Delegate / Co-ordinator</u> in "CHARKAYATAN". Six day Residential Training Programme for Teachers and Scholars of Ayurveda, organized by Rashtriya Ayurveda Vidyapeeth (RAV), New Delhi - 110026, during 25 - 30 September 2023 at Rajiv Gandhi Govt. Post Graduate Ayurvedic College, Paprola, Himachal Pradesh.</p> <p><u>J. Triguna</u> (Vaidya Devinder Triguna) President, Governing Body, RAV</p> <p><u>Vandana</u> (Dr. Vandana Siroha) Director, RAV</p>
45.	Dr. Ekta, Assistant Professor, GNAC, Ludhiana, Participated as PAPER Presentation in NATIONAL CONFERENCE ON FEMALE INFERTILITY Organized by Dept. of Prasuti Tantra & Stri Roga.	 <p>अखिल भारतीय आयुर्वेद संस्थान <b>ALL INDIAN INSTITUTE OF AYURVEDA</b> (An Autonomous Organization Under Ministry of AYUSH, Govt. of India) Wardhara Rd, Sansam Puri, Sarita Vihar, New Delhi, Delhi 110076</p> <p><b>सृजना - 2023</b> 17 th &amp; 18 th April, 2023</p> <p><b>CERTIFICATE OF PARTICIPATION</b> Is Proudly Presented to</p> <p><u>Dr. EKTA</u></p> <p>For participating in POSTER / PAPER presentation in NATIONAL CONFERENCE ON FEMALE INFERTILITY Organized By Department of Prasuti Tantra &amp; Stri Roga . Congratulations on your remarkable achievement! We wish you all success in Future .</p> <p><u>DR. KAMINI DHIMAN</u> ORGANIZING SECRETARY</p> <p><u>PROF. TANUJA M. NESARI</u> DIRECTOR, AIIA</p>

46.	<p><b>Dr. Dimple Jagpaul, Assistant Professor, GNAC, Ludhiana, Participated as “Workshop on awareness of Pharmacovigilance in AYUSH”.</b></p>	
47.	<p><b>Dr. Arshpreet Kaur, Professor, GNAC, Ludhiana, Participated as Two days training Programme for teachers on Prasuti &amp; Stree Roga organized by Rashtriya Ayurveda Vidyapeeth (RAV).</b></p>	
48.	<p><b>Dr. Sandesh Kumar Professor, GNAC, Ludhiana, Participated as Two days training workshop on “Computational tools for teaching and learning Sanskrit</b></p>	

49	<p><b>Dr. Manisha Sharma,</b>  <b>GNAC, Ludhiana,</b>          Completion of Three-Month          online Certificate          Programme on “ <b>Research          Methodology &amp;          Biostatistics</b>”</p>	
50.	<p><b>Dr. Manisha Sharma,</b>  <b>GNAC, Ludhiana,</b>          Participated as ‘10<sup>th</sup> World          Ayurveda Congress &amp;          Arogya Expo-2024</p>	
51.	<p><b>Dr. Lokesh Professor,</b>  <b>GNAC, Ludhiana,</b>          Participated as Three-          Month online Certificate          Programme on ,”Research          Methodology &amp; Biostastics”</p>	



52.	<p><b>Dr. Arshpreet Kaur</b>  <b>Professor, GNAC,</b>  <b>Ludhiana,</b> attended 2<sup>nd</sup>  International Conference  on Garbha Sanskar.</p>	 <p>The certificate is from the 2nd International Conference on Garbha Sanskar (Prenatal Education). The theme is 'First 1000 Days of Life... In The Light Of Yoga, Ayurveda &amp; Modern Science'. It certifies that <b>DR. ARSHPREET KAUR</b> has attended the 2nd International Conference Virtually on Prenatal Education. The certificate is signed by Dr. Raylene Phillips, President of APPPAH, USA, and Gajanan Kelkar, Research Director of Manashakti Research Center, India. The dates are 17th Jan to 19th Jan 2025 in Lonavla, India.</p>
53.	<p><b>Dr. MANISHA SHARMA</b>  <b>Principal cum Professor,</b>  <b>GNAC&amp;RI, Ludhiana,</b>  <b>Member of Edwin Group</b>  <b>Of Journals.</b></p>	 <p>The membership certificate is from the Edwin Group of Journals. It certifies that <b>Dr Manisha Sharma</b>, Principal cum Professor at Guru Nanak Ayurvedic Medical College &amp; Research Institute, Ludhiana Punjab, India, is a member of the Edwin Group of Journal (Editorial Member) and has all privileges of membership. The certificate is signed by Dr. Greg Obirion, E-Ebony, India. The issue date is 01st March 2025. The certificate number is 003736898402.</p>



